



**Tech
Spotlight**

Need a new charger?
Students are responsible for replacing their own chargers. For older models, type in the model name and number and you will see the choices that are available. Here's a link for a replacement for the Chromebook Lenovo 500e charger at [Walmart](#) or [Amazon](#).



Distribution will be on Friday, November 20, beginning at 8:00 a.m. Please form a line on the Cleveland Street side of the building. This is limited to families with OKMS students!

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"The time is always right to do what is right."
Martin Luther King, Jr.

2020 Yellow Jacket Canned Food Drive

We are asking all students to bring at least **2 canned goods** for your grade level by **Friday, November 13th**.

Turn in canned goods to your **grade level TEAM CAPTAIN**.



6th Grade
TEAM CAPTAIN – Mrs. Langford

- 6th grade students should bring **2 cans of green beans** (any brand)
- **Grade level** with the most donations wins PIZZA PARTY
- Student with the most donations wins **out of uniform pass or gift card**



7th Grade
TEAM CAPTAIN – Ms. Mara

- 7th grade students should bring **2 cans of corn** (any brand)
- **Grade level** with the most donations wins PIZZA PARTY
- Student with the most donations wins **out of uniform pass or gift card**



8th Grade
TEAM CAPTAIN – Ms. Everett

- 8th grade students should bring **2 cans of baked beans** (any brand)
- **Grade level** with the most donations wins PIZZA PARTY
- Student with the most donations wins **out of uniform pass or gift card**



| BRING | YOU EARN |
|------------------|---------------------------------------|
| 2 canned goods | Extra Credit |
| 3-5 canned goods | Snack Goodie Bag |
| 6-9 canned goods | No Homework Pass |
| 10+ canned goods | Yollar Store Visit + All of the Above |

Did You Know?

Research shows that most tweens would like to talk more with their parents about schoolwork. Ask your student to share what he's learning in his classes. Be specific: "What did you work on in science today?" or "Tell me about the book you discussed in English today."

What's Going On in November!

- **11/11** - Remote Learning Day (All students at home.)
- **11/12** - Community Pantry at 2:30
- **11/17** - Empower Chattanooga Energy Saving Workshop (Zoom 10 to 11 a.m.) All participants will receive a FREE energy saving kit from TVA.
- **11/20** - Thanksgiving Box give-away (see details on page 1)
- **11/23-27** - Thanksgiving Break
- **11/30** - Students return to school

Calm Down Strategies for Kids

Pathway 2 SUCCESS



Color or draw



Think happy thoughts



Take deep breaths



Talk to someone



Make a list of choices



Set the timer and take a break



Read



Think of a pet



Look at photos



Use positive self-talk



Take a walk or exercise



Write in a journal

www.thepathway2success.com

Clipart by Kate Hadfield

COPING & CALMING STRATEGIES from Kristen Stice (CenterStone)

We all have different techniques to help us calm down and relax; children need some suggestions as to what could help them handle strong emotions. No problem if the day is particularly rough and you need to go through every coping skill you have! Keep trying, even if they help calm just a little.

• OKMS Welcome Center is open from 7:00 am - 2:15 pm (423)493-7793

• Be sure to check the OKMS website for updated information at www.okms.hcde.org

• HCS website: www.hcde.org

Soccer Schedule



- NOV 3 - EAST HAMILTON @EAST HAMILTON TBD
- NOV 10 - EAST RIDGE @CAMP JORDAN 5:15
- NOV 12 - OOLTEWAH @TBD 4:00
- NOV 17 - BROWN @BROWN 4:00
- NOV 19 - HUNTER @HUNTER 4:00
- DEC 1 - TOURNAMENT - TBD

welcome
little one!

BABY LIBERTY YEARGAN

Basketball Schedule

- NOV. 3 - BROWN @ BROWN MIDDLE JVB @4:30
VG @ 5:45
VB @ 7:00
- NOV 5 - E. HAM @ E. HAMILTON TBA
- NOV. 10 - CGLA/CHATT PREP @ OKMS JVB @4:15
VG @5:30
VB @6:45
- NOV. 12 - EAST RIDGE @ OKMS JVB @ 5:00
VG @ 6:15
VB @ 7:30
- NOV. 17 - DALEWOOD @ OKMS JVB @ 4:30
VG @ 5:30
VB @ 7:00

How big is the
diameter of a
basketball hoop?



A: Eighteen inches

Parent Resource Center

- On site laundry (by appointment)
- Job search, resume help, etc.
- Care Closet (toiletries, clothing)
- Food Pantry (emergency food)
- Rent/Utility assistance info
- Housing information
- Community Zoom Workshops

For more info, contact the
Parent Volunteer Coordinator

(423)493-7793, ext.43029

How You Can Support OKMS: Connect your Food City Card to Orchard Knob Middle and we earn School Bucks. Visit <https://www.foodcity.com/schoolbucks/>, login or register your card and select our school.